

"Art washes away from the soul the dust of everyday life."

- Pablo Picasso



mobile art program

R E S P E C T . R E S T O R E . R E N E W .

Mobile Art Program delivers art activities to seniors and adults with disabilities living in Austin, Texas. Our goals are to improve the lives of seniors and adults with disabilities by giving them an outlet for creative expression. We restore self-esteem, build friendships, and increase their cognitive skills leading to stabilization in overall health.

Exploring Self-Portraits

- It is therapeutic to express what we have hidden or rejected about ourselves before we can truly celebrate and own our beautiful qualities.
- Realism is not stressed, instead we ask that they create a self-portrait using colors that define who they are, shapes that reflect their interests, and elements that represent their life stories.

We provide instruction, examples from art history and all supplies. Artists are encouraged to use a mirror to capture their likeness.



Working in groups helps artists feel less intimidated and build friendships. These are self-portraits from a group of people in the early stages of Alzheimer's.

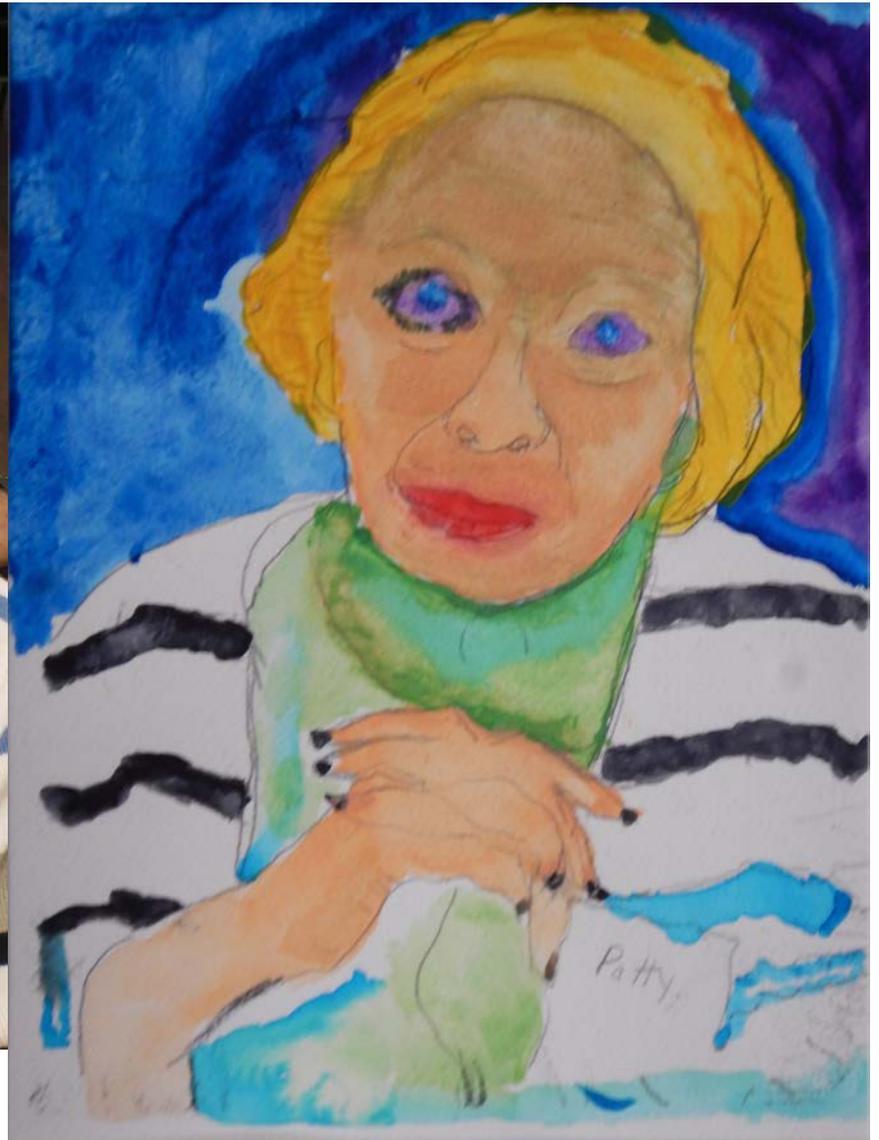


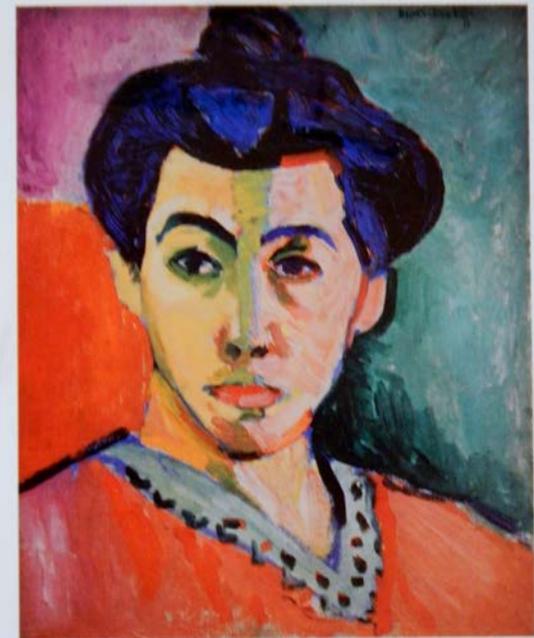
Incorporating life stories into portraits:
Ms. Hattie was a hairdresser for years, this is how she saw
herself as a younger woman.



For those who are in the advanced stages of Alzheimer's we use photos printed in black & white which they trace onto canvas. Black & white images are best to ensure that the artist does not become overwhelmed with matching skin tone, fabric patterns, etc.







HENRI MATISSE, PORTRAIT WITH GREEN STRIPE, 1905.
This portrait is part of a series of paintings Matisse produced in 1905 in which colors, particularly reds and greens, were employed in a deliberate departure from the natural palette of the Impressionists.

Projects

- Watercolor on paper
- Acrylic on canvas
- Paper mache'
- Collage
- Found object sculpture
- Ceramics
 - Handbuilding with clay
 - Glazing preformed shapes

Themes

- Exploring different cultures
 - Hispanic Heritage Month
 - Black History Month
 - Chinese New Year
- National holidays
- Childhood memories
- Self-portraits
- Landscapes

By engaging our participants in the creative process the Mobile Art Program helps to build self-respect, restores self-esteem, and renews the spirit of our seniors.

